

Life Writers Showing Emotion

According to *The Emotion Thesaurus* by Angela Ackerman & Becca Puglisi, people show emotion in three ways:

Physical Signals:

Internal Sensations:

Mental Responses:

Assignment:

- Think of scene want to write that contains emotion of any kind.
- Close your eyes, sit calmly, and try to recreate scene in your mind. Look at person in your mind's eye and see how he/she is displaying this emotion.
- Give a name to the emotion. Define the emotion and then make a list of the behaviors that show that emotion.
- Using some of those behaviors, write a scene without stating the emotion directly. Make sure to use active verbs and specific details.
- Post your assignment below the video. See if people can identify the emotion your scene.