

Life Writers
The Negative Trait Thesaurus
Angela Ackerman and Becca Puglisi

1. **Foreword by Carolyn Kaufman, PsyD**, says personality theory says people have _____ to _____ central traits that define us.

2. **Angela Ackerman and Becca Puglisi** define a character trait _____ as a _____.

3. **Authors take a strong stand** about how people in stories should be depicted.

“Telling your character’s strengths and weaknesses is a sign of _____.”

4. **Notes:** _____

5. **Assignment**

- Create a list of five to ten character traits for one of your main characters. You can use yourself or some other primary character for this assignment.
- Then pick one of the traits on your list and show this trait in action.
- Focus on a moment that reveals this characteristic in what the person says and does and write the story.
- Post or upload your story in the comments section.