

Free Seven-Day Writing Challenge
Wrap-Up Session
Monday, May 10, 2021

00:15:15 Rose Yake: How many folks made it to 1:00 session today?
00:15:40 becky: I made it for 20 minutes
00:15:40 normabeasley: I did.
00:15:43 Amana Benson: We had about 20-22 today. We missed you, Rose!
00:18:16 becky: vern I love the headphones
00:20:37 becky: Yes Yes Yes
00:20:40 Lee Springer: Definitely.
00:20:40 Catherine: I loved it
00:20:40 normabeasley: Whoo hoo!
00:20:45 GAil Dudley: it was great and educational
00:20:47 Etya Krichmar: loved it
00:20:51 Barbara Rawls: yes
00:20:59 darlenelamb: Really enjoyed everything, very inspiring
00:21:02 Rosemarie's iPad: Loved this challenge!
00:21:10 Millie Ford: Not necessarily fun, but I loved the writing
00:21:18 Mary Axiotis: Yes, I really enjoyed it. It was thought
provoking, educational and inspirational. Made me think about my life and what I'm
writing.
00:21:20 Ada Jo: Lots of help. Enjoyed very much
00:21:26 Debi Hoag: hard emotionally but yes it was very helpful
00:21:27 Linda Goddard: Yes!!! Yes! And insightful! And Exhaustingly
Great!
00:21:33 Terry Deer: I am enjoying it (not done yet). I love having the
chance to practice the tools. I'm finding the process more difficult than the usual
week of prompts, but more valuable in the long term.
00:22:02 normabeasley: Holly, Etya
00:22:07 Jamie Ramirez-Feci: Echoing Linda: "exhaustingly great" ;)
00:22:09 becky: Darlene Lamb was fun to met and talk with.
00:22:11 Ericka Parra: Enjoyed reading! Particularly when I did not have
any ideas.
00:22:27 Barbara Rawls: Rose and Terry, I enjoyed our sessions. Fun and
good lessons.
00:22:43 Terry Deer: I was touched and amazed at the level of trust
everyone has displayed in sharing their stories.
00:22:49 Etya Krichmar: Dar, Norma, Becky, Dorothy, Eve, Rosemary, Two
Lindas...
00:23:53 Linda Goddard: Etya, Gail, Norma, Eve, etc., etc.!
00:24:06 Jamie Ramirez-Feci: Loved reading the range of stories and
sharing vulnerability
00:24:42 Rosemarie's iPad: Yes! So much bravery and love and support!!
00:25:05 Linda Goddard: Oh and Debbie!
00:25:34 Etya Krichmar: I loved the dedication participants showed to this
challenge
00:25:59 Grace Springer: Yes question. Is it better to wrap pictures into
the story or to put them all together
00:26:11 Linda Goddard: I enjoyed the variety of stories and experiences

everyone shared!

00:26:28 normabeasley: Grace, insert in story

00:26:52 Rosemarie's iPad: Not an easy challenge ! Brought up a lot of feelings. So much learning about writing!

00:27:49 Linda Goddard: I am so grateful for the responses on my stories! So appreciative!

00:28:03 becky: Grace, I agree with Norma, insert in the story

00:28:32 Etya Krichmar: Linda, I agree. Feedback was greatly appreciated.

00:29:18 Jamie Ramirez-Feci: Piecemealing the work to help make it manageable was helpful

00:30:13 darlenelamb: I felt safe to share stories I have never shared so openly. Thank you all for being there.

00:30:17 Terry Deer: I agree, Jamie. It was easier to tackle the small-s stories instead of going after the Story. That's probably my chief takeaway.

00:30:27 Etya Krichmar: my hand does not work now

00:32:43 Ericka Parra: Loved the zoom meetings for accountability. My favorite hand out was the Roadmap. It helped me to picture my S-story. And, it guide me to write small chunks every day. - I enjoyed it. It felt as a puzzle. :)

00:32:51 becky: The roadmap pointed out several holes I had in my big S story. I had to add a couple of small s stories.

00:35:07 Amana Benson: Your feedback here is SO helpful! Thank you for sharing your experieinces and what worked for you!

00:38:19 Mary Axiotis: Cluster, road map and especially the session on verbs about passive and active verbs. That has helped me a lot. And the cluster and road map triggered memories that otherwise had forgotten. Appreciated that.

00:38:24 Mary Axiotis: Thank you!

00:40:40 Mary Axiotis: To Amanda, Can we get emails - I signed up for them - when the next sessions begin? Especially the one that Patricia just mentioned about focusing on research. I'd be interested in that also.

00:40:51 Debi Hoag: Characterization and setting were probably most helpful for me. I get so caught up in telling it that I don't remember to describe.

00:41:52 Amana Benson: Mary, we will share more about the upcoming Life Writers session in just a few minutes. We'd love to have you along with us! :)

00:42:58 Tori: Big storm here, tornado earlier this week so may get cut off!

00:43:27 Amana Benson: Be safe, Tori!

00:43:39 Terry Deer: Goodness, Tori! Where are you? Stay safe!

00:44:24 Rosemarie's iPad: This was a spiritual experience and community and you all feel like spiritual friends. A stellar and incredible training design that truly helped me grow as a writer to learn this craft. Tools as presented brought the various aspects of this craft together in a new more usable way way for me. Cluster and roadmap helped to generate and open up and organize ideas for stories to see deeper meaning of experiences. Verbs not on radar as much and now are and new understanding of power of verbs. Theme of Turning Points took the writing to a deeper level.

00:44:38 Amana Benson: Alright...bring on the Rock Stars!!

00:49:00 Amana Benson: Congrats to our Rock Star Writers!! Well done! :)

00:49:49 Mary Axiotis: Congratulations to all the rock stars! Great job!

00:50:53 Etya Krichmar: You misspelled my name.

00:51:55 Amana Benson: Oh no! How embarrassing. I'm so sorry, Etya.

00:55:38 Maureen Heakin: What do the percentages Mean?
00:56:40 Amana Benson: Maureen, the courses track your progress to show how much you've completed (by %).
00:57:38 Jamie Ramirez-Feci: I'd love to help gift a class. A friend and my mother-in-law come to mind. Do you have any trial classes or similar challenges like this for them to check out?
00:58:19 becky: I love the jump links also!
01:00:31 Jamie Ramirez-Feci: I remember seeing an announcement on Open House. Maybe I'll start there and invite them :)
01:06:03 Amanda Benson: Jamie, great question. We offer these challenges three times per year (Jan, May, Sept). They could do a four-month session membership and try it out. We offer a 30-day money back guarantee if the program proves to not be a good fit. Also, we're currently preparing an introductory stand-alone course, Life Writers 101, hopefully launching June/July, that would be a great place to start. And yes, the Behind the Scenes open house on Wednesday, May 26 at 6pm EDT is a great chance to invite others to have a peek inside, just like we're doing right now. Hope that helps!
01:06:41 normabeasley: Sorry guys but I must leave you. Enjoyed your company. See 'ya next round. Good night.
01:07:16 Etya Krichmar: take care norma
01:07:22 Rose Yake: When a person is ready to publish their memoir, is Patricia available to do this?
01:07:44 Jamie Ramirez-Feci: Thanks for the detailed info, Amanda!
01:08:16 Amanda Benson: Yes, Rose! Email me or Patricia to discuss the process.
01:08:17 Eve Wile: Rose, yes she is, she can do the full process.
Edits and publishing
01:08:29 Sarah Fine: Apologies. I also have to leave. Thanks for everything. Stay safe, all!
01:08:32 Jeanne: I need to leave as well. Thanks to al. nice to meet you
01:09:04 GAil Dudley: what does being a rock star provide to us?
01:09:10 Amanda Benson: No worries if you have to leave - we will email the early-bird details for Life Writers as well as the prize winner for the free membership.
01:09:17 GAil Dudley: I have to leave at 7
01:10:51 Amanda Benson: Being a Rock Star Writer earns you a ticket to a live group coaching session with Patricia on Thursday, June 3 at 6:00 p.m. as well as being entered into a few special prize drawings, which will be shared on June 3.
01:11:40 Terry Deer: Sorry to check out early! Thanks, everyone; I hope to see you all again, either on the First Tuesday or as fellow Life Writers!
01:12:09 Etya Krichmar: Amanda, will you send us an email as time gets near to June 3?
01:13:15 Amanda Benson: Absolutely, Etya. We will make sure you get reminders and the Zoom link.
01:13:19 Eve Wile: Thanks everyone, this was a lot of fun. I have to leave in a few minutes. I appreciate everyone's feedback. Thanks Amanda and Patricia this was great
01:13:37 Jamie Ramirez-Feci: I'll need to be on my way in a few min. and will stay until my staff mtg. actually starts ;)
01:15:35 Amanda Benson: We will email you all the details, Gail!

01:17:47 Maureen Heakin: Thank you, I've learned a lot, although had to be a "part-time" participant.

01:18:29 Amanda Benson: VIP four-month session membership: \$472 (reg. \$497)

01:18:31 Amanda Benson: VIP Annual membership: \$1,222 (reg. \$1,247 - 2 free months)

01:18:38 Amanda Benson: Standard four-month session membership: \$102 (reg. \$127)

01:18:42 Amanda Benson: Standard Annual membership: \$272 (reg. \$297 - 2 free months)

01:19:51 Jamie Ramirez-Feci: Bye, all! Missing you guys already . . . Thank you for this week and offering your skills and talents, Patricia and Amanda. A-MA-ZING!

01:20:51 Jamie Ramirez-Feci: Actually, I lost track of time and missed the mtg. I thought started now. Yikes! Glad to still be here :)

01:21:55 Etya Krichmar: Congrats, Catherine!

01:22:09 darlenelamb: Congratulations Catherine...Happy for you...

01:22:28 Lee Springer: Congrats Catherine!

01:22:44 Jamie Ramirez-Feci: Congrats, Catherine!!!

01:22:56 Catherine: I can't believe it! Thank you so much!

01:23:14 becky: Welcome Catherine!

01:24:06 Amanda Benson: Take advantage of our special Early-bird Enrollment now through May 14, 2021, at 11:59 p.m. EDT and enjoy \$25 off! New memberships only.
<https://lifewriters.us/earlybird/>

01:24:24 Amanda Benson: Coupon code: earlybird25

01:24:36 Rosemarie's iPad: Congrats Catherine ! YAH!!

01:26:08 Linda Goddard: Congratulations, Catherine! I'm so glad you're with us in Life Writers!

01:26:51 Amanda Benson: * Behind-the-Scenes: an open house - May 26, 2021, at 6:00 p.m. EDT - register at: <https://lp.constantcontactpages.com/su/cm06N3L>

01:27:47 Catherine: Thank you, all. I'm so excited. It must be a sign that I'm supposed to be a writer!

01:28:12 Etya Krichmar: You are a writer! Welcome!

01:28:41 Catherine: That makes me very happy.

01:30:48 Jamie Ramirez-Feci: Bless your heart, Jackie. Can you imagine teaching via Zoom like I've done since last spring? Brutal! Thanks for sharing your experience

01:32:18 Linda Goddard: Jackie! How wonderful that you're writing!

01:32:18 becky: Thanks to everyone. All your comments were a big help.

01:32:22 Amanda Benson: LOVED having you all with us this week!