

Date: _____

My spring session writing goal:

This month's writing goal:

How did I do with my goal last month:

Percentage of my monthly goal have I completed: _____

What can I do to help me achieve this month's goal:

Remember to set S.M.A.R.T.E.R goals!

- S – specific
- M -measurable
- A – actionable
- R – risky
- T – time-sensitive
- E – exciting
- R – relevant

To learn more about goalsetting, watch Set and Achieve Your Goals course, <https://lifewriters.us/courses/goals/>.
